

# JOBST® Elvarex® and JOBST® Elvarex® Soft Custom-Fit, Flat-Knit Below Knee Measuring Form

For the treatment of lymphoedema and chronic oedema

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You can download copies of the measuring forms for the full  
JOBST range that can be printed on standard office printers at:  
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or scan the QR to access



# JOBST® Elvarex® and JOBST® Elvarex® Soft

## Measuring instructions

### Circumference Measurements (cm)

All circumference measurements to be taken with lay-on tape tension, except for the **C** circumference

1. Measure foot **A** circumference along the base of the toe joints at the widest part of the foot, including any bunions
2. Measure **Y** circumference around the front ankle crease and heel with the foot at maximal dorsiflexion (tendons flexed and toes pointing up)
3. Measure narrowest part of ankle **B** circumference
4. Measure **B1** circumference at the insertion of the Achilles tendon (calf transition). If not clearly visible, **B1** is halfway between the **B** and **C** measurements
5. Measure widest part of the calf **C** circumference. This is an anchor point for the garment, so pull the tape together to first resistance
6. Measure **D** circumference at two finger widths below the crease of the knee / base of patella

### Length Measurements (cm)

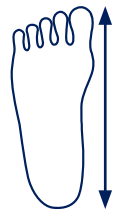
1. Measure **a-B** length from the floor to narrowest part of the ankle
2. Measure **a-B1** length from the floor to insertion of the Achilles tendon (calf transition)
3. Measure **a-C** length from the floor to widest part of the calf
4. Measure **a-D** length from the floor to two finger widths below the crease of the knee / base of patella

### Foot Options Length Measurements (cm)

Tip: length measurement should be taken in full weight bearing, standing position.

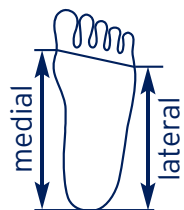
#### Closed toe

Measure from the end of the heel to the tip of the longest toe

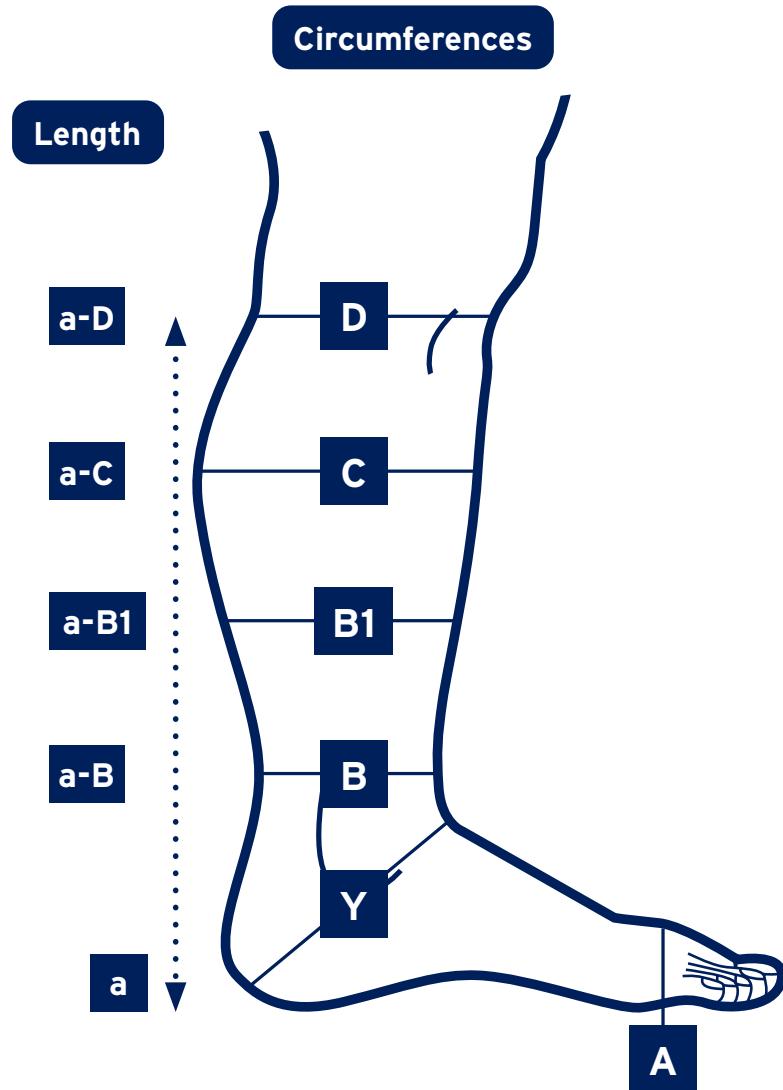


#### Open toe, slant foot

Measure from the end of the heel to the base of the large toe (inside/medial) and from the end of the heel to the base of the little toe (outside/lateral)



Note: medial = inside  
lateral = outside



Check out our measuring guide videos

Scan the QR code for help with measuring for  
JOBST Elvarex and JOBST Elvarex Soft



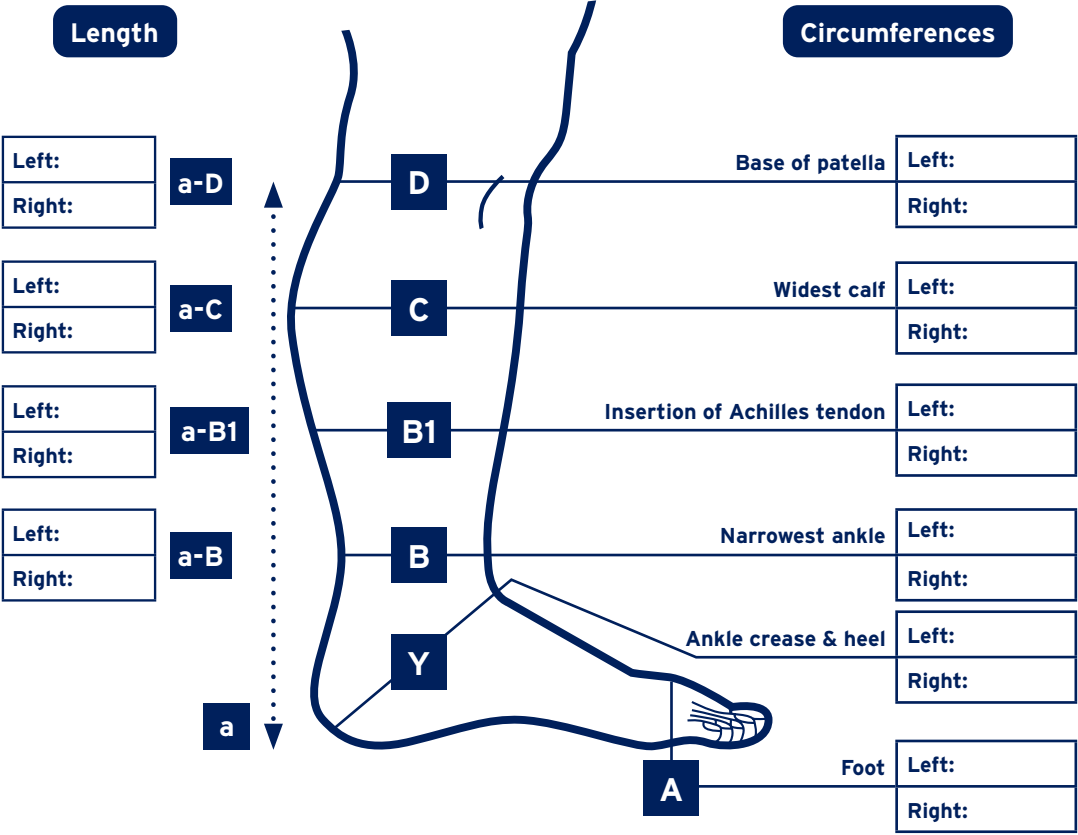
# JOBST® Elvarex® and JOBST® Elvarex® Soft

**Below Knee**, Custom-Fit measuring form and prescription request

Email order to Customer Services on: [compression.uk@jobst.com](mailto:compression.uk@jobst.com)

Fax order to Customer Services on: **0345 122 3450**

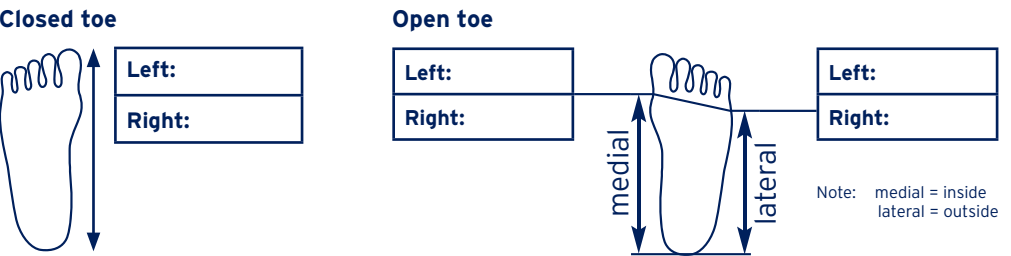
Date: \_\_\_\_\_ Purchase Order No.: \_\_\_\_\_ Patient Name: \_\_\_\_\_ DoB: \_\_\_\_\_  
 Measured By: \_\_\_\_\_ Tel: \_\_\_\_\_ Email: \_\_\_\_\_  
 Delivery Address: \_\_\_\_\_ Invoice Address: \_\_\_\_\_



Left:	a-D	<b>D</b>	Base of patella	Left:	
Right:				Right:	
Left:	a-C	<b>C</b>	Widest calf	Left:	
Right:				Right:	
Left:	a-B1	<b>B1</b>	Insertion of Achilles tendon	Left:	
Right:				Right:	
Left:	a-B	<b>B</b>	Narrowest ankle	Left:	
Right:				Right:	
		<b>Y</b>	Ankle crease & heel	Left:	
				Right:	
		<b>A</b>	Foot	Left:	
				Right:	

### Toe Options

Tip: length measurement should be taken in full weight bearing, standing position.



Top tip: if you require a Straight Foot, please decide where you wish the garment to end and write the same measurements (cm) in the medial and lateral boxes.

### JOBST® Elvarex®

<b>Compression Class (RAL)</b> <input type="checkbox"/> CCL 1 (18-21mmHg) <input type="checkbox"/> CCL 2 (23-32mmHg) <input type="checkbox"/> CCL 3 (34-46mmHg) <input type="checkbox"/> CCL 3F (34-46mmHg) <input type="checkbox"/> CCL 4 (49-70mmHg) <input type="checkbox"/> CCL 4S (60-90mmHg)	<b>Quantity</b> Left <input type="text"/> Right <input type="text"/>
<b>Style</b> <input checked="" type="checkbox"/> AD Knee high	<b>Options</b> <input type="checkbox"/> SoftFit (CCL 1-3 only) <input type="checkbox"/> Silicone band <input type="checkbox"/> 2.5cm <input type="checkbox"/> 5cm <input type="checkbox"/> Inside <input type="checkbox"/> On top <input type="checkbox"/> Pieces <input type="checkbox"/> 3/4 band <input type="checkbox"/> Zipper* <input type="checkbox"/> Silk pocket* <input type="checkbox"/> T-Heel (CCL 2-3F only) <input type="checkbox"/> Ankle pad (profile)
<b>Standard Colours</b> <input type="checkbox"/> Beige <input type="checkbox"/> Black <input type="checkbox"/> Caramel <input type="checkbox"/> Bronze <input type="checkbox"/> Dark brown	<b>Coloured Seam</b> Mix garment and seam colour (no code / charge for seam colour) <input type="checkbox"/> Beige <input type="checkbox"/> Black <input type="checkbox"/> Dark blue <input type="checkbox"/> Dark brown <input type="checkbox"/> Grey <input type="checkbox"/> Cranberry
<b>Non-Standard Colours</b> <input type="checkbox"/> Dark blue <input type="checkbox"/> Grey <input type="checkbox"/> Cranberry <input type="checkbox"/> Henna <input type="checkbox"/> Denim <input type="checkbox"/> Graphite <input type="checkbox"/> Stone <input type="checkbox"/> Aubergine	<b>Toe Option</b> <input type="checkbox"/> Open toe <input type="checkbox"/> Closed toe

### JOBST® Elvarex® Soft

<b>Compression Class (RAL)</b> <input type="checkbox"/> CCL 1 (18-21mmHg) <input type="checkbox"/> CCL 2 (23-32mmHg) <input type="checkbox"/> CCL 3 (34-46mmHg)
<b>Style</b> <input checked="" type="checkbox"/> AD Knee high
<b>Colour</b> <input type="checkbox"/> Beige <input type="checkbox"/> Black <input type="checkbox"/> Dark blue <input type="checkbox"/> Dark brown <input type="checkbox"/> Grey <input type="checkbox"/> Cranberry <input type="checkbox"/> Ruby red <input type="checkbox"/> Pine green <input type="checkbox"/> Sunflower yellow
<b>Toe Option</b> <input type="checkbox"/> Open toe <input type="checkbox"/> Closed toe
<b>Quantity</b> Left <input type="text"/> Right <input type="text"/>
<b>Options</b> <input type="checkbox"/> SoftFit (CCL 1-3 only) <input type="checkbox"/> Silicone band <input type="checkbox"/> 2.5cm on top <input type="checkbox"/> 5cm on top <input type="checkbox"/> Silk pocket* <input type="checkbox"/> T-Heel

### Remarks

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\*State position/length

# JOBST® Elvarex® and JOBST® Elvarex® Soft

Dear Prescriber

Following a full assessment, it is my recommendation that the above patient is supplied with JOBST® Elvarex® Custom-Fit or JOBST® Elvarex® Soft Custom-Fit compression garment(s). Please could you therefore provide a prescription for the following as soon as possible. In addition, please add to repeat prescription to facilitate patient self-ordering.

Please state quantity in appropriate boxes for compression class and option(s) so that ALL necessary codes can be included on the prescription.

**Schema Number (for repeat orders):** \_\_\_\_\_

Note: this number can be found on the Reorder Letter included in the original garment.

The pharmacist will need the measurement / order form to place the order with the manufacturer and this is attached (please note this is not required for repeat orders when quoting the schema number). The measurement form should be given to the patient, with the prescription, to take to the pharmacist / post to the postal prescription service provider. Please scan this document into the patient's records as this is patient specific.

**Repeat prescription required every \_\_\_\_\_ months.**

Thank you for your assistance.

\_\_\_\_\_ Healthcare Professional

\_\_\_\_\_ Contact telephone number, in case of query

Any queries, please call the manufacturer:

**Essity UK Ltd**

Customer Services: 0345 122 3600 or email: [compression.uk@jobst.com](mailto:compression.uk@jobst.com)

JOBST® Elvarex®			
Style	Compression Class	Drug Tariff Code	Qty
AD Below Knee	CCL 1 (18-21mmHg)	L1-01-04	
AD Below Knee	CCL 2 (23-32mmHg)	L2-02-04	
AD Below Knee	CCL 3 (34-46mmHg)	L3-03-04	
AD Below Knee	CCL 3F (34-46mmHg)	L3-04-04	
AD Below Knee	CCL 4 (49-70mmHg)	L4-05-04	
AD Below Knee	CCL 4S (60-90mmHg)	L5-06-04	
Style	Options	Drug Tariff Code	Qty
AD Below Knee	Closed Toe	L-A001	
AD Below Knee	2 Ankle pad (profile)	L-A002	
AD Below Knee	Zipper	L-A003	
AD Below Knee	Silicone band	L-A004	
AD Below Knee	Non-standard colour	L-A008	
AD Below Knee	T-Heel (CCL 2-3F only)	L-A010	
AD Below Knee	SoftFit (CCL 1-3 only)	L-A016	

JOBST® Elvarex® Soft			
Style	Compression Class	Drug Tariff Code	Qty
AD Below Knee	CCL 1 (18-21mmHg)	L1-10-04	
AD Below Knee	CCL 2 (23-32mmHg)	L2-08-04	
AD Below Knee	CCL 3 (34-46mmHg)	L3-09-04	
Style	Options	Drug Tariff Code	Qty
AD Below Knee	Closed Toe	L-A001S	
AD Below Knee	Silicone band	L-A004S	
AD Below Knee	Non-standard colour	L-A008S	
AD Below Knee	T-Heel	L-A010S	
AD Below Knee	SoftFit	L-A016S	

**Fast and free home delivery of prescription garments with JOBST Delivered\***

To use this dispensing service, send this form and prescription to: **JOBST Delivered, FREEPOST, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG** or order online at [order.jobst.com/UK](http://order.jobst.com/UK) and select JOBST Delivered as the dispenser (note: prescription to be posted to JOBST Delivered unless using EPS).

If the patient is using an Electronic Prescription Service (EPS), select code **FJ708** to nominate Daylong Direct as their dispenser of choice.

For envelopes, please contact: [jobstdelivered@daylongdirect.co.uk](mailto:jobstdelivered@daylongdirect.co.uk) or **0808 196 6250**

\*JOBST Delivered is operated by Daylong Direct, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG

Privacy Policy: [www.daylong.co.uk](http://www.daylong.co.uk)

**Go digital and order using JOBST Online**

Bringing you an easier way to order JOBST. Order direct with payment by account or on prescription by selecting JOBST Delivered\* as the dispenser on JOBST Online.

Scan QR code to register or visit [order.jobst.com/UK](http://order.jobst.com/UK)

\*JOBST Delivered is operated by Daylong Direct, 10 Cossall Industrial Estate, Ilkeston, Derby, DE7 5UG

Privacy Policy: [www.daylong.co.uk](http://www.daylong.co.uk)



By completing this order form, you are confirming that you are aware of your obligation to obtain consent from the patient on the processing of their data for the production of their JOBST® compression garment in accordance with the Data Protection Act 2018, the UK's implementation of the (EU) General Data Protection Regulation [GDPR]. For more information and our Privacy Policy, visit [www.jobst.co.uk](http://www.jobst.co.uk).



JOBST®, an Essity brand



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